



Good News

La Salette Retreat Center

"Come near, my children, do not be afraid, I am here to tell you great news."

947 Park Street, Attleboro, MA 02703-5115

Phone: (508) 222-8530 Fax: (508) 236-9089 E-mail: lasaletteretreats@hotmail.com www.lasalette-shrine.org

July 2010



SACRED SPACE

Compiled by Dorothy J. Levesque

Let the heavens be glad, let earth rejoice,
... let the fields exult and all that is in them,
let all woodland trees cry out for joy!
(Psalm 96:11-12)

One hundred seventeen acres of land at the National Shrine of Our Lady of La Salette in Attleboro, MA have been dedicated as a permanent sanctuary for the benefit of people and wildlife. This acreage will provide retreatants with **sacred space** in which to walk, to meditate / contemplate, be renewed and be **at one with God**.

Jesus spent time alone in the **mountains**, in the **desert** and by the **lake**. He spoke about the vine, the sparrow and the flowers of the field. Jesus was connected with nature ... a reminder that after creating vegetation, etc., **"God saw that it was good"**.

In today's society, there is certainly an ever-growing awareness and commitment ...

- ... to **environmental issues**
- ... to **education** helping individuals become eco-friendly,
- ... to the **preservation** of (and **respect** for) the gifts of the earth, and
- ... to the **responsibility** that every woman, man and child has to appreciate and care for the **gifts of God** that beautify and "gentle" our world, our lives and our souls.

These 117 acres will give all who visit the opportunity to **"taste and see the goodness of the Lord"**, develop a sense of "earth stewardship" and assimilate God's personal message.

* * * * *

Mass Audubon will construct trails, boardwalks, signage and a parking area to make the land more accessible for the public's enjoyment and will offer environmental education programs on the property. A formal opening of the wildlife sanctuary is planned for the fall of 2010.

DOUBLE CONGRATULATIONS

to
BROTHER ROGER MOREAU, M.S.
for
50 years of faithful service in
the La Salette Community
and for
receiving a **certificate of appreciation** from the
Attleboro Area Council of Churches
for continuing to faithfully coordinate the
Monday
Food 'n Friends kitchen
in the Shrine cafeteria



The words **THANK YOU** can sometimes seem to be an inadequate expression of gratitude. **This** is one of those times! It is impossible to find the words that convey the **deep appreciation** felt for the many who so **generously** responded to the La Salette Retreat Center's recent fund raising appeal.

We borrow words of St. Paul to the Philippians (1:3-5), "We thank our God whenever we **think of you**; and every time we pray for all of you, we pray **with joy**, remembering how you have helped to spread the **Good News**".

Christian Yoga Retreat
Judith Medeiros

January 14-16

Christian Yoga is a preparation for prayer and prayerful living. Yoga helps one to be centered with a quiet mind and body using gentle stretching, breathing, and relaxation techniques. In the practice of Christian Yoga, our intention is to deepen our awareness of Christ.

Begins at 7:00 p.m.

Cost: \$175

John Polce Retreat

October 1-3

John Polce and Robert Messore

A Weekend of Healing and Restoration

If you know someone whose faith is being challenged, or you find your faith being challenged in these trying times, come away with Jesus for a few days; be refreshed and encouraged in His healing presence so you too may proclaim the Good News and be a light to the world.

Doors open at 6:30 p.m.

Cost: \$175

Women's Spirituality Retreat **December 10-12**
with Pat Hastings

"Discover Who You REALLY are,
and Connect With the God Inside of You"

In this workshop, you will discover and break free from the limiting belief patterns you have, which make you feel unworthy, afraid and keep you stuck in unhealthy relationships and careers. When you face your fear and move through it, you will live from love, faith and inspiration. Learning to forgive yourself is the beginning of self-love and self-acceptance.

Pat Hastings, MS LCDP is the author of *Simply a Woman of Faith*, a psychotherapist specializing in women's issues and spirituality and an inspirational speaker and teacher.

Doors open at 6:30 p.m.

Cost: \$175

My One Wild & Precious Life Retreat
with Peggy Patenaude

October 29-31

Peggy Patenaude is a woman of earthy wisdom, contagious enthusiasm and time-tested faith. Gentle but dynamic, she has a unique ability to inspire in others a hunger for continued growth. Peggy believes that each of us has only one wild and precious life to live, and that life must be embraced, cherished and lived to the fullest. This principle guides her personal life and her mission to help others celebrate who they are and what they can become. Peggy has worked in education, pastoral ministry, and spirituality for more than 35 years. In 2002, she founded *Taking Time Out*, her own retreat and workshop ministry. To learn more about Peggy and her programs, visit www.timeoutretreats.com.

For questions about the retreat: Contact Peggy at 508-548-9149.

Doors open at 6:30 p.m.

Cost: \$175

CHRISTIAN MEDITATION

You are invited to join a weekly Christian meditation group, which meets at La Salette Retreat Center every Tuesday evening from 7 - 8 p.m. The teaching of John Main and the World Community for Christian Meditation (www.wccm-usa.org), using an ancient mantra (prayer word) is used as a guide. Each session consists of meditative music, a short recorded talk about meditation, 25 minutes of silent meditation, and a time for questions and sharing.

Leaders are Rev. John Fisk, retired American Baptist pastor, and Susan Bourget, medical software consultant, who have been practicing daily meditation for many years. An explanation of the meditation method is provided at 6:30 p.m. for newcomers. Please call John at 508-226-1464 for more information.

2010 Center Retreats

Preached Retreat

July 9-15

Dorothy J. Levesque and Fr. Joseph Bachand, M.S.

Directed Retreat

July 9-15

Fr. Fern Cassista, M.S. and Claire Lamoureux, Ph.D.

These six days of prayer, quiet reflection and daily liturgy are gifts from a God Who consistently gives the heart reason to rejoice in hope. Take delight in the personal love God has for you and explore the spiritual adventure that awaits you.

Preached Retreat includes presentations.

Directed retreat includes daily meetings with a director.

Doors open at 6:30 p.m.

Cost: \$380

Change: Adapt or Give Up

Dorothy J. Levesque Saturday - September 25

Changes, for the most part are frequently like unwelcomed guests. They “pop in” at **unexpected** times and force us to **alter** our routines ... **not** a pleasant task! Loss of a job, the aging process, the end of a relationship, **downsizing**, moving, **health** issues, spiritual darkness, **etc.** are some of life’s happenings that force unwanted **adjustments**. This day will help participants **identify** a change and **discover** various ways of responding, reacting and accepting.

Doors open at 8:30 a.m.

Cost \$35

Spa Weekend for Women

August 6-8

Karen Laroche, M.A. and Claire Lamoureux, Ph.D.

“And Jesus said to them, ‘**Come away by yourselves to a lonely place and rest a while.**’ Many were coming and going, and they had no leisure even to eat.” (Mk 6:31). A woman’s life can be so complicated...so overwhelming.

The Spa Weekend for Women gives you time and space to **reconnect with yourself, your God and other women of faith.** Come **relax, pray and enjoy.**

Doors open at 6:30 p.m.

Cost: \$160

Needlework Retreat

Saturday - November 6

Dorothy J. Levesque

Life is often **described** as a tapestry, a quilt, a coat of many colors, a patched garment, a knitted twist of events, etc. Each of these **symbols** is actually a **creation** that is a loving and unique **reflection** of its creator - as each person is a unique **reflection of God.** The interlocking stitches are reminders of each person's connection with everyone else. This day will provide **time and space** for participants to enjoy their craft, pray, share and celebrate with others whose hands also weave beauty.

Doors open at 8:30 a.m.

Cost: \$35

Weekend Directed Retreat

Sept. 17-19

Fr. Fern Cassista, M.S. and Claire Lamoureux, Ph.D.

This weekend is open to individuals seeking quiet time to explore God’s movement in their prayer and daily life. Throughout the weekend, retreatants will meet individually with their retreat director two or three times to share their sense of God’s movement within them. The director then suggests Scripture passages or other readings for personal prayer and reflection. The quiet and silence of the directed retreat invites each retreatant into a deepening relationship with God. Praying with Scripture is helpful during this retreat.

Doors open at 6:30 p.m.

Cost: \$160

Advent Retreat

December 3-5

GIFTS OF THE SEASON

Fr. Roger Plante, M.S. and Dorothy J. Levesque

This retreat will be one of celebrating the **gifts of the season** as revealed through God’s Word in Scripture, tradition and personal prayer. **Surprises** of the Spirit await all who gather together to “**make straight the way of the Lord**” (Isaiah 40:3) in their lives.

Doors open at 6:30 p.m.

Cost: \$160

New Year’s Eve ~New Beginnings Follow Endings

7:00 p.m. December 31, 2010 - 10:00 a.m. January 1, 2011

Fr. Cyriac Mattathilanickal, M.S. and Dorothy J. Levesque

11:59 p.m. - the **end** ...12:00 a.m. - the **beginning!** The passage from 2010 to 2011 will be **instantaneous.** However, the process of letting go of the old to receive the new will most likely **take longer.** There will be presentations, private and community prayer, and the **celebration of Mass.** Dinner, a midnight toast, and breakfast will be served.

Doors open at 6:00 p.m.

Cost: \$90

SEMINARS WITH DOROTHY J. LEVESQUE

(Pre-Registration Required)

GROWING THROUGH DIVORCE

Wednesday, August 4-11-18-25 ... 7:00 - 8:30 p.m.

When a marriage **ends** in separation and divorce, the ensuing grief brings many invading realities. Each part of self is **forever changed** by the traumatic loss. Every pore of one's being seems to undergo a transformation.

Time will be spent on the various transitions a person traveled. First, the journey was from **ME to WE** at the time of marriage - then from **WE to me** at the time of separation. The goal is to return to becoming a strong **me to ME** again - in partnership with God. Newly-formed dreams are possible.

\$25.00 for the **series** OR \$8.00 per **session** - Call 508-236-9083 to register or for more information.

JOURNALING MY STORY

Thursday, September 9-16-23-30 ... 7:00 - 8:30 p.m.

There are many **different** forms of journaling. This seminar will focus on pivotal experiences of life and how each has effected and affected the direction of one's journey.

There are joyful **and** sad occurrences - angering **and** calming ones - exciting **and** dull ones - emotional **and** reactionary ones - frightening **and** energizing ones **as well as** HO-HUM ones.

At each session, there will be prayer, a short presentation, journaling and time for discussion. Journals will be available for participants who don't have one.

\$25.00 for the **series** OR \$8.00 per **session** - Call 508-236-9083 to register or for more information.

IN MEMORY OF OUR LOVED ONES

Tuesday, November 2 ... 7:00 - 8:30 p.m.

As long as a person's name is still on someone's lips, his / her spirit is still alive.

This **memory evening** will provide time and space for participants to **speak about** the individuals whose lives have made a difference - to **thank God** for them - to **celebrate** their lives while **mourning** their deaths - and to **pray for** their souls and one's personal healing.

\$10.00 for the **session** - Call 508-236-9083 to register or for more information.

PREPARING FOR CHRISTMAS

Wednesday, December 1 and 8 ... 7:00 - 8:30 p.m.

Stress "OUT"! - **God "IN"!** is the theme of these two sessions scheduled to help one prepare spiritually for the Christmas holy-day. Each session will include prayer, a relaxation exercise, a presentation, sharing and take home materials.

Each evening has a two-fold purpose ... to convert negative stress **into positive energy** and to take time to pray for the **peace that transcends chaos**. It is a time of anticipating the celebration of the event that truly changed the world - and of continuing to be in love with the love that Love came to bring.

\$13.00 for the **series** OR \$8.00 for one **session** - Call 508-236-9083 to register or for more information.



Saturday, November 13
9:00 A.M. - 4:30 P.M. Cost: \$25 - Lunch NOT included
LA SALETTE WELCOME CENTER

A DAY OF MUSIC AND REFLECTION
with Gregory Norbet
sharing his gift of prayer and meditative song

Gregory, a noted composer and, for 21 years, a monk at Weston Priory, VT, has said - **“music is the language of my soul”**. His listeners say - **“his music and lyrics feed people’s souls”**. Surely, the reason for this soul revelation can be found in the words of William Rich, a former IBM vice president - **“I love Gregory’s spirituality. There’s a gentleness and an openness to it that touches me.”**

On November 13, you are invited to spend the day with this man who has a goal of **“helping people discover the hospitality of God’s love for them, so they can impact the world by the kind of decisions they make and people they choose to be”**.

For reservations, please call the Retreat Center at (508) 222-8530.

Grief Education Programs

For those dealing with the death of a family member or friend

Sr. Judith Costa, S.S.D., M.Div., CT, APMC-III

Sr. Judith is Certified in Thanatology (Death, Dying and Bereavement, and is a Certified Pastoral Counselor)

“A sorrow that has no vent in tears makes other organs weep. Confronting your grief is not self-indulgence. It is sound preventive medicine”
- Dr. Henry Mandsley, British Psychiatrist

The loss of a loved one in death is the greatest loss one faces, and the most piercing pain one will ever experience. Most people are physically, emotionally, and spiritually affected by the death of someone close. In a safe, compassionate, and confidential forum, you will be given the opportunity to learn, share, explore feelings, and . . . find ways to accept and to cope.

THURSDAY ~ Evenings: 6:30 - 8:00 p.m.

- | | | | |
|----------|--|--------|--|
| July 8 | - What and How We Remember | Oct. 7 | - When Depression Finds You |
| August 5 | - Understanding the Anger
That Comes With Grief | Nov. 4 | - How to Cope With the Pain and
Joy of Family Occasions |
| Sept. 9 | - Understanding Our Dreams | Dec. 9 | - Grief and the Holidays |

Pre-Registration is required. To register call (508) 222- 8530.
\$10. 00 per session payable in cash upon arrival.

Prayer Shawl Ministry

The **prayer shawl ministry**, as we know it, was created by **Vicki Galo and Janet Bristow** after they completed a Women’s Leadership Institute in 1998. Individuals **come together** to knit or crochet a prayer shawl either **for an individual’s lap or shoulders**. Before a session begins, each person **prays for the man, woman or child** who will be the recipient. At the end of the session, each person present offers a **prayer over every shawl** that is being created. When completed, a card will be attached. Each card will have a **picture** of the La Salette Retreat House, a **prayer** and the **signature** of the person whose fingers lovingly created the shawl.

When several shawls have been completed a Mass will be celebrated during which they will be **blessed**. The group will determine **how** they will be **distributed** ... either to someone who is seriously ill or celebrating a special occasion; to someone who is transitioning into a new phase of life or welcoming a new member into the family; to someone who is homeless, homebound or in a nursing home, etc. Because the ministry is rooted in prayer, shawl creators truly **encircle the lives** of those who will wear them.

Knitting/Crocheting groups gather at the La Salette Retreat House on the second Tuesday of the month from 7:00 - 8:30 p.m. **(on 7/13; 8/10; 9/14; 10/12; 11/9; 12/14)**

For more information, or if in need of a prayer shawl, call Dottie at **(508) 236-9083**.



Pastoral Counseling at the Retreat Center

At one time or another along our life journey, we face difficulties and struggles that may at times, seem unsurmountable. Depression, anxiety, trauma, sexual abuse, stress, a life-threatening illness, life crises and transitions, loss of meaning and purpose, loss of a significant relationship through death or divorce, loss of a job - any of these can leave us feeling overwhelmed, lost, confused, in pain. At times, we don't know where to turn. We look for a way out, and find ourselves wandering in darkness. We look for answers; there are none.

During these difficult times, we may benefit from engaging in Pastoral Counseling, with a professional trained to accompany us through our pain and struggle.

A Pastoral Counselor is a psychotherapist trained in both psychology and spirituality. Pastoral counseling focuses on the whole person engaged in life's journey. The Pastoral Counselor helps you move through your emotional issues, life crises and pain in view of living a more integrated and balanced life. In this process, you become more reflective about your life, which fosters your ability to make life-giving choices and decisions in harmony with your deepest self. Gradually, you come to a clearer sense of who you are as a human being in the world at this time, engaged in a dynamic relationship with yourself, others and God.

Pastoral counseling will help you ...

- come to a clearer sense of who you are
- feel freer
- improve relationships
- grow in self-esteem
- live a more integrated and balanced life
- move toward accepting yourself as you are
- live more at peace with yourself, others, God
- work through life issues and crises
- feel empowered from within
- see life's experiences and crises as opportunities for personal growth and spiritual deepening

Pastoral Counseling is available at the Retreat Center. **Claire M. Lamoureux, Ph.D.**, who is on the retreat staff, holds a Master's Degree in Spirituality and a Doctoral Degree in Pastoral Psychology. She has 35 years experience as a Spiritual Director and Pastoral Counselor. She has designed and facilitated seminars on various aspects of human and spiritual development, and has written numerous papers on a variety of topics related to living an integrated spiritual life. She is the author of *Reflective Living: A Spiritual Approach to Everyday Life*.

For more information, or to schedule an appointment, call **Dr. Lamoureux** at her Retreat Center office: 508-236-9093 or 508-222-8530 x 354.

RETREATANTS HAVE SAID ...

I realized I have a responsibility to be a symbol of hope for my children and others.

This was such a quiet, restful and peaceful experience for me. I took the time to be spiritually nourished.

This was such a wonderful weekend that I didn't want to leave ... it was indeed good for me to be here.

I feel better prepared for any unpleasant decisions to be made in the future ... to be able to reflect on this weekend retreat and remind myself "this too will come to pass".

This year's retreat-growth seemed more joyous - more "let's jump in and swim in God's love and hope".

I learned to pray in some new ways. I am leaving a stronger person.

Prayer mixed with laughter as well as quiet mixed with sharing are great combinations for me.

Thoughts were brought up during presentations that made me think of my faith life in different ways.

I felt like God was holding me close and I was able to relax in the embrace without feeling I had to run around.

Appreciated the feeling of loving acceptance toward all of us - that what we had to say is important.

I always feel I'm on a special visit with the Lord when I come here. I feel a security, a serenity.

I sensed a challenge to grow more in faith through more contemplation of the meaning of my life.

What a joy to come together with others who are on a quest for the same answers as I am.

I was challenged and provided with good direction as how to proceed - and keep moving forward.

HIGH SCHOOL YOUTH RETREATS

“You are precious in my eyes.” Isaiah 43:4

Here at the La Salette Retreat Center we are happy to open our doors wide to the precious lives of young people. Each year our Retreat Center welcomes up to 1,000 youth.

For many this is their first retreat experience. They come from high schools and parishes. They come in groups of 25 to 35 as freshmen, sophomores, juniors and seniors.

Our **Hope** is that here they will experience the deep love and acceptance that Christ has for each of them. Our **Commitment** is to share the Gospel in engaging and dynamic ways. During the school year (Monday through Friday) we offer day, evening and overnight retreats. Confirmation Coordinators, High School Campus Ministers and Youth Leaders are invited to call us for more information.

Karen Laroche, MA
Biblical Studies, Youth Director
Fr. Tom Puthusseril, M.S.
Day or Evening Retreat - \$40.00
Overnight Retreat - \$65.00



~~~~~ **Staff** ~~~~~

|                                                |                                                                  |
|------------------------------------------------|------------------------------------------------------------------|
| Fr. Cyriac Mattathilanickal, MS                | Director/Retreat Leader                                          |
| Fr. Fern Cassista, MS                          | Retreat Leader/<br>Spiritual Direction                           |
| Fr. Tom Puthusseril                            | Retreat Leader                                                   |
| Karen Laroche, MA                              | Youth Director                                                   |
| Dorothy J. Levesque                            | Retreat Leader/Counseling                                        |
| Claire Lamoureux, Ph.D.                        | Pastoral Counseling /<br>Spiritual Direction /<br>Retreat Leader |
| Fr. John Welch, MS                             | Vocations                                                        |
| Sr. Judith Costa, SSD,<br>M.Div., CT, ACMC-III | Pastoral Counseling                                              |
| Sandra Brissette                               | Administrative Assistant                                         |
| Bro. Roger Moreau, MS                          | Chef / Maintenance                                               |

*Food Service/Housekeeping*

|                |                 |
|----------------|-----------------|
| Roberto Cano   | Nancy Menoche   |
| Kim Desrosiers | Adrienne Veader |

## RECOMMENDED READING

**“The Jesuit Guide to (Almost) Everything”**

**A Spirituality for Real Life**

**by James Martin, S.J.**

**Harper Collins Publisher NY, NY 10022 2010**

**ISBN 978-0-06-143268-2 \$26.99**

James Martin is the author of the now famous “My Life With the Saints”, which has sold millions of copies. Martin has done it again! In his own deeply spiritual and humorous, memoir-style, he graces us in this recent book with a practical yet profound, spiritual aide for our everyday lives. I appreciate deeply his comments about spirituality in general and Ignatian Spirituality in particular. He helps the reader to “find God in all things” - and especially through one’s prayer, one’s vows and commitments, in love and friendships. He approaches difficult topics with ease, and helps the reader appreciate the sacredness of relationships, obedience, sexuality and also helps the reader appreciate the many ways God communicates with us and we with God.

Being a spiritual director, I was taught the Ignatian Rules of Discernment, which often come to play in spiritual direction and in my own personal life. I have read many books on the Rules, but I believe that Martin in this book, explains the Rules simply in his own style which most people can readily understand. For this I am very grateful.

In addition, the author knows himself well as a person and freely shares his own growth experiences, which encourages the reader to be honest with self, with God and others. As a Jesuit he is able to laugh at himself and his community, proving the love he has for his many “Companions” and their life in common.

I’ve read the book once and I certainly plan on reading it again in order to glean even more of the gems it offers for spiritual life and discernment. I highly recommend the book to all who wish to grow in their prayer life and their relationship with God and neighbor. This is a superb book for spiritual reading.

Fr. Fern Cassista, MS

For programs that require registration, please complete and return this form (no later than two weeks prior to the retreat) with a **\$30.00** non-refundable deposit check for weekend retreats, or for seminars, a \$10.00 pre-registration check payable to: **La Salette Retreat Center, 947 Park Street, Attleboro, MA 02703**

**Please register me for the following retreat or program:**

**Program:** \_\_\_\_\_ **Program Dates:** \_\_\_\_\_

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_ **City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Phone (H)** \_\_\_\_\_ **(C)** \_\_\_\_\_ **E-mail** \_\_\_\_\_

**Special Medical Needs or Dietary Allergies** \_\_\_\_\_

**I also include \$** \_\_\_\_\_ **for those needing financial assistance to attend retreats.**

If you have any questions, or need directions to the Center, please call the Center at **(508) 222-8530** between the hours of 8:30 a.m. - 4:30 p.m. or visit the La Salette Website **www.lasalette-shrine.org**.



**LASALLETTE RETREAT CENTER**

**La Salette Shrine**

947 Park Street

Attleboro, MA 02703

**Change Service Requested**

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PERMIT NO. 19

**....Our 30 Week Club Winners ~ April 2 - June 18**

- |                                              |                                                 |
|----------------------------------------------|-------------------------------------------------|
| \$25 - Lorraine Lussier - Pawtucket, RI      | \$10 - Diane Desrosiers - New Bedford, MA       |
| \$25 - Ruth Ballard - Manchester, NH         | \$10 - Joan Fernandes, Acushnet, MA             |
| \$25 - Manny Medeiros - Acushnet, MA         | \$10 - Douglas Kelm - Dedham, MA                |
| \$25 - Patricia Kimball - Fairhaven, MA      | \$10 - Mary LaPlant - Pawtucket, RI             |
| \$25 - Jean Taffe - N. Dartmouth, MA         | \$10 - Sr. Michaela DeLoia, Attleboro, MA       |
| \$25 - Shirley Oliver, Rochester, MA         | \$10 - Ron Teser - S. Dartmouth - MA            |
| \$25 - Katherine Levesque - Johnston, RI     | \$10 - Maureen Rocks - Braintree, MA            |
| \$25 - Pat Benson - Attleboro, MA            | \$10 - Rita Young - New Bedford, MA             |
| \$25 - Oscar LaPlant - Pawtucket, RI         | \$10 - Eileen Dufresne - Lakeville, MA          |
| \$25 - Barbara Connelly - Coventry, RI       | \$10 - Nancy Diebling - N. Attleboro, MA        |
| \$25 - M/M Herb Arsenault - Pompano Bch, FL  | \$10 - Michelle Carrier-Trail - New Bedford, MA |
| \$25 - Catherine Ryan - Pawtucket, RI        | \$10 - Donna Ramunno - Westport, MA             |
| \$25 - Sr. Lorraine Boisvert - Pawtucket, RI | \$10 - John Rogers - Somerset, MA               |
| \$25 - Dot Arcisz - Central Falls, RI        | \$10 - Debra Army - Worcester, MA               |

With your **\$30 DUES** ~ Members are eligible to win each week of the drawing season, April through October. The final week's prizes are awarded at the Annual Banquet in October which provides a great time for all...food, fun, music and conversation.

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**To join ~ 30 WEEK CLUB ~ Complete this form and return it with a \$30 check payable to La Salette Retreat Center:  
La Salette Retreat Center, 947 Park Street, Attleboro, MA 02703**

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

I am a (check one) \_\_\_\_\_ NEW Member \_\_\_\_\_ RETURNING Member